



NSBA's
**SCHOOL
HEALTH
PROGRAMS**

Do you want to learn more about ways to keep students healthy and ready to learn?

Are you interested in promoting student health within your school district and state?

If you can answer 'yes' to questions above, you could be part of a national cadre to help improve the health and academic achievement of students and generate positive visibility for school leaders nationwide!

SCHOOL BOARD and SUPERINTENDENT LEADERSHIP for HEALTH & LEARNING: The National School Boards Association (NSBA) is recruiting school board members and superintendents in Kentucky as well as four other states to serve as leaders who address health through a coordinated approach.

Health-related issues can be barriers to learning. Asthma, for instance, is one of the leading causes of school absences. When school districts have a system that helps address health issues, they position students and school staff to be more successful. And that's where a *coordinated school health approach* comes in handy:

Springdale Public Schools in Arkansas, for example, implemented the coordinated approach in 27 of their schools and as a result: **graduation rates rose from 79.4% for 2006-2007 to 84.4% for 2009-2010, and literacy rates rose from 57.2% to 71.8% in the same amount of time.**

As a cadre member, you will be able to learn about and apply this approach. **You will receive cost-free, virtual, and customized training and follow-up support from NSBA to help you take actions around health that are aligned with your district's needs and interests. These might include:**

- Establish a vision and plan in your district around the well-being of students and staff as a foundation for student success;
- Develop or revise policies to address health issues;
- Integrate at least one health-related goal into your district improvement plan;
- Partner with organizations to leverage resources and share responsibilities in addressing health.

Working with NSBA, you can also help inform other school leaders by sharing your successes and lessons learned!

If interested in being part of the cadre, please contact schoolhealth@nsba.org or 703.838.6722 soon to receive more information and a brief application. NSBA will be identifying the first group of cadre members in May 2012. NSBA looks forward to hearing from you!